



**HIGHLANDS FOOT & ANKLE INSTITUTE BI-ANNUAL SCIENTIFIC MEETING
STEAMBOAT GRAND HOTEL, BURGESS CREEK ROOM
FEBRUARY 3 - 5, 2022**

AGENDA

THURSDAY FEBRUARY 3, 2022

6:45 -8:30 AM BREAKFAST (MOUNTAIN VIEW FOYER)

**7:30-8:00 BRETT SACHS, DPM
-NEW APPROACH TO LATERAL ANKLE STABILIZATIONS (0.5 CECH)**

**8:00-8:30 KEVIN BLUE, DPM
-THE USE OF SPECT IN FOOT AND ANKLE SURGERY (0.5 CECH)**

8:30 BREAK IN EXHIBIT AREA (MOUNTAIN VIEW FOYER)

**8:45-9:15 CADE CHRISTENSEN, DPM
-CURRENT TRENDS IN CHARCOT RECONSTRUCTION (0.5 CECH)**

**9:15-9:45 EJ CHESNUTIS, DPM
-COVID-19'S EFFECT ON PODIATRIC MEDICINE AND SURGERY (0.5 CECH)**

10:00-4:00 FREE TIME

**3:30-4:30 APRES SNACKS AND DRINKS IN THE EXHIBIT AREA. FAMILY RECEPTION
(MOUNTAIN VIEW FOYER)**

**4:30-5:30 PANEL CASE DISCUSSIONS (1.0 CECH)
-HALLUX VALGUS NEW INNOVATIONS. ARE WE REBUILDING THE WHEEL OR JUST SPINNING IT?**

**KEN MORGAN, DPM
MATTHEW PADEN, DPM
ROSS GIRVAN, DPM
WILLIAM FARRETT, DPM**

5:30 BREAK IN THE EXHIBIT AREA (MOUNTAIN VIEW FOYER)

**5:45-6:45 PANEL CASE DISCUSSIONS (1.0 CECH)
-ADULT ACQUIRED FLATFOOT CASES: THE GOOD, THE BAD, AND THE "CALL A LAWYER"**

**ALAN NG, DPM
GLENN WEINRAUB, DPM
KEITH NAFTULIN, DPM
KRISTINE HOFFMAN, DPM**

FRIDAY FEBRUARY 4, 2022

6:45-8:30 AM BREAKFAST (MOUNTAIN VIEW FOYER)

**7:30-8:00 SCOTT CARRINGTON, DPM
-EMERGING TRENDS IN TOTAL ANKLE REPLACEMENT (0.5 CECH)**

**8:00-8:30 JAKE MCLEOD, DPM
-NEW APPROACHES AND IDEAS FOR ANKLE ORIF (0.5 CECH)**

8:30 BREAK IN THE EXHIBIT AREA (MOUNTAIN VIEW FOYER)

8:45-9:15 LAUREN MOLCHAN, DPM

-DO NSAIDS REALLY AFFECT BONE HEALING? (0.5 CECH)

9:15-9:45 PAUL STONE, DPM

-TREATING ACHILLES TENDINITIS: NEW THOUGHT PROCESSES (0.5 CECH)

10:00-4:00 FREE TIME

3:30 APRES SNACKS AND DRINKS IN THE EXHIBIT AREA (MOUNTAIN VIEW FOYER)

4:30-6:45 PODIATRY PANEL DEBATES: DEBATING THE DOGMA (2.0 CECH)

PANEL PARTICIPANTS:

ALAN NG, DPM VS. KEITH JACOBSON, DPM

-SIZE MATTERS: 2.7 MM ARTHROSCOPE VS. 4.0 MM. OCD SIZE: MICROFRACTURE VS. GRAFT

MARK BIRMINGHAM, DPM VS. MATT HINDERLAND, DPM

-ACHILLES TENDON RUPTURES MUST BE REPAIRED

RICHARD DERNER, DPM VS. DUSTIN KRUSE, DPM

--YOU'D BE AN IDIOT TO FUSE THE LATERAL COLUMN

5 MINUTE BREAKS BETWEEN DEBATES FOR EXHIBITORS

SATURDAY FEBRUARY 5, 2018

6:45-8:30 AM BREAKFAST (MOUNTAIN VIEW FOYER)

7:30-8:00 OLIVIA STRANSKY, DPM

-AMNIOTIC TISSUE INJECTIONS IN THE FOOT AND ANKLE (0.5 CECH)

8:00-8:30 SCOTT NAFTULIN, DO

-A REALISTIC APPROACH TO PAIN MANAGEMENT (0.5 CECH)

8:30 BREAK IN THE EXHIBIT AREA (MOUNTAIN VIEW FOYER)

8:45-9:45 DAVID HAHN MD

-SIX YEARS EXPERIENCE WITH THE CUSTOM TITANIUM CAGE AND ITS USE IN TOTAL ANKLE ARTHROPLASTY (1.0 CECH)

10:00 -3:45 FREE TIME

3:30 APRES SNACKS AND DRINKS IN EXHIBIT AREA (MOUNTAIN VIEW FOYER)

4:00 - 6:00 PM (2.0 CECH)

Original Research and Case Study Reports by current Highlands Presbyterian St. Luke's Podiatric Medicine and Surgery Residents

4:00-4:15 ALEKSEY KOZLOV, DPM: FLAP RECONSTRUCTION FOR LOWER EXTREMITY SOFT TISSUE DEFECTS

4:15-4:30 ANDREA BATRA, DPM: NORA'S LESION IN THE SECOND TOE: A CASE REPORT.

4:30-4:45 STEVEN COOPERMAN, DPM: SHEWANELLA ALGAE: THE FIRST REPORTED CASE IN A NON-COASTAL REGION

4:45-5:00 BRYAN RAYMOND, DPM: OUTCOMES OF TOTAL ANKLE ARTHROPLASTY COMBINED WITH TOTAL TALUS IMPLANT, A CASE SERIES

5:00-5:15 LAURA ADLER, DPM: CASE REPORT: RARE CASE OF A CUBOID-NAVICULAR COALITION

5:15-5:45 THOMAS EHLERS, DPM: POSTOPERATIVE PAIN MANAGEMENT IN FOOT AND ANKLE SURGERY

THE INTENDED AUDIENCE FOR THIS CONFERENCE IS PODIATRISTS WHO HAVE COMPLETED RESIDENCY AND ARE IN PRACTICE; PODIATRISTS CURRENTLY IN RESIDENCY; PODIATRIC MEDICAL SCHOOL STUDENTS; COLLEGE STUDENTS INTERESTED IN THE FIELD OF PODIATRY. THERE ARE NO PRE-REQUISITES FOR ATTENDING THIS CONFERENCE.

Costs to the Learner: \$475 per attending and \$375 per resident

Cancellation Policy:

>30 days from the event date a full refund will be granted

4-30 days from the start of the event the registration fee minus \$100 administration fee will be refunded

3 days prior to the start of the event no refunds will be granted

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Contact information for Joint Provider Agreement: Dustin Kruse, DPM; dustin.kruse@gmail.com

Contact Information for Highland's Foot and Ankle Institute:

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No commercial interest provided financial support for this continuing education activity

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between Colorado Foot and Ankle Society and Highland's Foot and Ankle Institute. Colorado Foot and Ankle Society is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. Colorado Foot and Ankle Association has approved this activity for a maximum of **12.0** continuing education contact hours.

LEARNING OBJECTIVES:

- IDENTIFY A NEW TECHNIQUE FOR ANKLE STABILIZATIONS TO IMPROVE OUTCOMES**
- EVALUATE THE NSAIDS EFFECT ON BONE TO BEST MANAGE PATIENT'S POSTOPERATIVE PAIN**
- REVIEW NEW DATA TO IMPROVE THE OUTCOMES OF CHARCOT REPAIRS**
- IDENTIFY DIRECT AND INDIRECT EFFECTS THE COVID PANDEMIC HAS HAD ON THE PRACTICE OF PODIATRY AND OUR PATIENTS TO IMPROVE PATIENT MANAGEMENT DURING THE PANDEMIC**
- REVIEW AND DISCUSS NEW INNOVATIONS AND PHILOSOPHIES OF BUNION REPAIRS. PANEL DISCUSSIONS AND CASE PRESENTATIONS WILL SHOW COMPLICATED CASES AND PROVIDE THE AUDIENCE WITH PEARLS ON HOW TO IMPROVE PATIENT OUTCOMES.**
- IDENTIFY AND DISCUSS EVOLVING IDEAS IN ADULT ACQUIRED FLATFOOT REPAIRS. PANEL DISCUSSIONS AND CASE PRESENTATIONS WILL SHOW COMPLICATED CASES AND PROVIDE THE AUDIENCE WITH PEARLS ON HOW TO IMPROVE PATIENT OUTCOMES.**
- UNDERSTAND NEW TOTAL ANKLE REPLACEMENT TECHNIQUES AND DESIGNS FOR IMPROVED PATIENT OUTCOMES.**
- REVIEW EMERGING PHILOSOPHIES IN ANKLE ORIF TO UPDATE THE ATTENDEES ON NEW SURGICAL TECHNIQUES TO IMPROVE PATIENT OUTCOMES.**
- UNDERSTAND NEW KNOWLEDGE OF SPECT WHICH IS NOT COMMONLY USED IN FOOT AND ANKLE SURGERY TO ENHANCE PATIENT OUTCOMES.**
- REVIEW CURRENT TREATMENT OPTIONS FOR ACHILLES TENDONITIS TO IMPROVE PATIENT OUTCOMES**
- REVIEW COMMONLY ACCEPTED ARTHROSCOPY TECHNIQUES TO DETERMINE IF THERE IS A STANDARD CONSENSUS TO IMPROVE SURGICAL COMPETENCY AND THUS IMPROVE PATIENT OUTCOMES.**
- REVIEW THE LONG ACCEPTED DOGMA THAT THE LATERAL COLUMN MUST NEVER BE FUSED. IDENTIFY CURRENT LITERATURE AND CASES TO PROVE THEIR ARGUMENT PRESENTING A NEW SURGICAL TECHNIQUE WHICH MAY ENHANCE PATIENT HEALING AND OUTCOMES.**
- UNDERSTAND NEW DATA ON ACHILLES TENDON RUPTURES**
- UNDERSTAND NEW TECHNIQUES FOR AMNIOTIC TISSUE INJECTIONS TO EDUCATE THE AUDIENCE ON THE USE OF AMNIOTIC TISSUE INJECTIONS FOR REGENERATIVE MEDICINE AS AN ALTERNATIVE TO SURGERY**
- IDENTIFY PRACTICAL OPTIONS FOR POSTOPERATIVE PAIN MANAGEMENT FROM A PROCEDURALISTS PERSPECTIVE TO ENHANCE CLINICAL PRACTICE AND IMPROVE PATIENT OUTCOMES**
- IDENTIFY NEW TECHNIQUE OF TOTAL ANKLE REPLACEMENT WITH TITANIUM CAGE TO ENHANCE PATIENT OUTCOMES.**
- REVIEW LOCAL AND FREE MUSCLE FLAP OPTIONS FOR THE FOOT AND ANKLE TO IMPROVE SURGICAL COMPETENCE**
- REVIEW NEW KNOWLEDGE OF AN ATYPICAL TUMOR OF THE TOE TO IMPROVE EARLY IDENTIFICATION AND BETTER OUTCOMES.**
- REVIEW A CASE OF A REGIONALLY ATYPICAL PATHOGEN OF SHEWANELLA ALGAE TO MAKE ATTENDEES AWARE OF A PATHOGEN WHICH CAN INFECT THEIR PATIENTS TO IMPROVE OUTCOMES.**
- REVIEW A LIMB SALVAGE CASE SERIES WITH TAR AND TOTAL TALUS REPLACEMENT TO EDUCATE THE AUDIENCE ON NEW AND EMERGING TECHNIQUES TO PREVENT LIMB LOSS**
- UNDERSTAND AN ATYPICAL REARFOOT COALITION TO REMAIN IN A DIFFERENTIAL DIAGNOSIS TO IMPROVE OUTCOMES.**

-IDENTIFY POSTOPERATIVE PAIN MANAGEMENT OPTIONS AND ALTERNATIVES TO EDUCATE THE AUDIENCE ON HOW BEST TO TREAT THEIR PATIENTS